

ALPHA TRAINING MAP

A simple map to get you started
planning your Alpha today!



Alpha



WELCOME TO ALPHA

This guide will give you an introduction to Alpha and point you to the key resources needed to run Alpha for the first time. Let's walk through the first few steps needed to help you learn the basics.

Getting started can be broken down into three steps:

Learn - Learn a few of the key elements that make Alpha unique. Prepare yourself as a leader and begin recruiting others to be part of your team. Once you understand Alpha, you are in a better position to begin recruiting others.

Train - With a team in place, it's time to train them and begin inviting others! We have great resources to equip you and your team. Building a culture of invitation takes time, but is essential to getting off on the right foot.

Run - Your team is ready and invitations have been made. Now you're ready to focus on running your Alpha week to week. Use these resources to plan the weekly huddle and prepare for the Alpha Weekend/Day Away.

For the best experience, please [create an account in MyAlpha](#). This will allow you to link directly to each resource below. If you prefer a comprehensive resource, please utilize the [Run Alpha Handbook](#)



LEARN

These resources will help you understand what Alpha is all about. You can always learn more about Alpha by [connecting with someone from our team](#). We also [offer trainings online and in person](#) all over the country. Take the time to learn and experience what makes the Alpha culture so unique.

- Learn the basics of Alpha
[What does an Alpha session look like? & Four Foundational Principles](#)
- Understand the 7 Best Practices of Alpha
[7 Best Practices for Running Alpha](#)
- Review the *Alpha Planning Checklist* under the “Series Materials” tab within MyAlpha and begin planning.
- Begin recruiting Alpha hosts and helpers + team
- Develop intentional prayer effort with prayer leaders
[7 Best Practices - Prayer](#)



TRAIN

Once you have recruited a team, it's time to get them up to speed with their roles on Alpha. Of course the best way to learn how to run Alpha is to run Alpha! Most new users need to focus on listening (and not answering questions) during the small group time, and how to do prayer ministry in a way that feels natural.


- [Register](#) course, download all resources, add team members to MyAlpha
- Consider taking your team to a Run Alpha Training [Training Events Page](#)
- Provide Team Training #1 Small Groups [Team Training Video for Small Groups](#)
- Equip team to begin promoting and inviting [Best Ways to Promote Alpha](#)
- Visit the "Promote" tab under a registered course within MyAlpha for additional free resources that you can use to invite guests.



RUN

It's time! Are you ready to launch your Alpha? Keep your prayer team active by sharing stories and give them specifics on how to pray. Begin thinking about when you can run Alpha again. Once finished, complete the strength assessment to learn how you can build on your Alpha experience for next time.

- Create the right atmosphere for hospitality
[*Creating the Environment*](#)
- Set up the weekly team huddle before each session of Alpha. Utilize the Team Huddle Guide under the "Series Materials" tab to help prepare you for this time.
- Alpha Weekend/Day Away - utilize the *Alpha Weekend Planning Checklist* under the "Series Materials" tab within MyAlpha.
- One week before the Alpha Weekend/Day Away, provide Team Training #2 Prayer & The Weekend [*Team Training Video for how to do Prayer Ministry*](#)



Additional tools and resources to support you are available within [MyAlpha](#). Registering your course will ensure you have all the resources necessary to successfully launch your Alpha. Be sure to check out the “Team” feature, once you’ve registered a course. This allows you to share many of the resources needed with members of your team.

Remember: the best way to learn how to run Alpha is to RUN ALPHA! We are here to support you every step of the way! If you have questions or need additional support please call us at 1-800-Do-Alpha or email us at questions@alphausa.org.

